



AFTERNOON MENU

  
B R E N D  
C O L L E C T I O N

HOTELS | RESTAURANTS | SPAS

## how to order

1. Take a seat at a table in our comfortable RF Lounge & Bar
2. When you are ready, make a note of your table number and come up to our bar to place your order
3. Once you have ordered you can relax and leave everything to us, we will deliver everything to your table

## sandwiches

All of our sandwiches are served with a spicy tomato chutney, house salad, and crisps on your choice of White, Malted or Gluten Free Bread (GF?)

**CHEDDAR & PICKLE** (V) G, M, D 953 kcal 8.50

**PRAWN MARIE ROSE, CRISP LETTUCE** G, CR, M, D, E, F 673 kcal 10.00

**ROAST BEEF, ROCKET WITH HORSERADISH OR MUSTARD** G, M, D, E 680 kcal 9.00

**GAMMON HAM & MUSTARD** G, M, D 684 kcal 8.50

**ROAST TURKEY, CRANBERRY & STUFFING** G, M, D 756 kcal 9.00

**TUNA MAYONNAISE & CUCUMBER** G, F, D, E, M 774 kcal 9.00

**EGG MAYONNAISE, CRESS** (V) G, M, D, E 722 kcal 8.50

**TURKEY & HAM, LETTUCE, CUCUMBER, TOMATO & MAYONNAISE** G, M, D, E 912 kcal 9.50

## beverages

12oz

All hot drinks are prepared using shared equipment. We cannot guarantee any hot drink is entirely dairy-free or allergen free.

### TEA D

Pot of Westcountry tea for one 4.00

Pot of speciality tea for one, choose from: 4.50

Peppermint | Green | Earl Grey | Berry | Red Bush | Darjeeling

### COFFEE D (available either regular or decaffeinated)

Pot of filter coffee for one 4.00

Cafetière for one 4.50

Americano 4.00

Latte 4.50

Mocha 4.50

Flat white 8oz 4.00

Cappuccino 4.50

**Add a Flavour Shot** (please ask for flavours) 1.50

### HOT CHOCOLATE D

With cocoa dusting 4.50

With whipped cream, marshmallows and cocoa dusting 5.00

## cakes, pastries & treats

**SCONE & BUTTER** (GF?) (V) G, D, E 601 kcal 3.50

**SCONE WITH PRESERVE & DEVONSHIRE CLOTTED CREAM** (GF?) (V) G, D, E 781 kcal 5.50

**TRADITIONAL CREAM TEA** (GF?) (V) Per person 13.00  
Two scones, preserve and Devonshire clotted cream, served with freshly brewed Westcountry tea for one G, D, E 1563 kcal

**TOASTED TEA CAKE WITH BUTTER** G, D 441 kcal 3.50

**TOAST WITH BUTTER & JAM** (GF?) G, D 452 kcal 3.50

**DEVON ICE CREAM** (V) (GF) 3.00

1 scoop 110 kcal 3.00

2 scoops 220 kcal 5.50

3 scoops 330 kcal 7.00

Seriously good Yarde Farm Ice Cream made in Plymouth

Clotted Cream Vanilla D, P, N, SO | Chunkie Chocolate SO, D, P, N

Strawberry SO, D, P, N | Mint Choc Chip SO, D, P, N

Salted Caramel E, D, N, SO

**Add Clotted Cream D** 1.50

**SELECTION OF CAKES, PASTRIES & TREATS** (GF?)

Please ask for today's selection Individually priced

Adults need around 2000 kcal a day. Our dishes may contain traces of allergens. Please let us know if you have any allergens or special dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

(GF) GLUTEN FREE (GF?) CAN BE GLUTEN FREE (please ask) (V) VEGETARIAN (VE) VEGAN (VE?) CAN BE VEGAN (please ask)

D DAIRY G GLUTEN M MUSTARD E EGG MO MOLLUSCS CR CRUSTACEAN C CELERY  
N NUTS F FISH S SESAME SU SULPHUR DIOXIDE SO SOYA P PEANUTS L LUPIN