

HISTORY

The spectacular ceiling above is four hundred years old and was completed in 1620 by a prominent school of North Devon plasterers. The ceiling depicts four biblical scenes amongst its elaborate detail. Take a look yourself and see if you can unravel this 400 year old story.

SNACKS			
MARINATED OLIVES	GF VE	124 Kcal N	4.00
TOASTED SOURDOUGH			5.50
With a chilli, lime and coriander butter 651 Kcal G, D			

TODAY'S SOUP (V) (GF?)	7.75
With butter and your choice of white G, malted G, SO or gluten free bread E	
DEVON CRAB CAKES	9.25
Celeriac remoulade, fennel, apple and herb salad, herb oil 221 Kcal CR, G, E, D, M, C	
SPICED CRISPY CALAMARI	9.50
Lightly coated calamari deep fried until golden, roasted red pepper and tomato salsa, garlic aioli 506 Kcal E, G, MO, SO	
CHICKEN LIVER PARFAIT (GF?)	8.00
Smooth chicken liver parfait, sweet French onion jam, lambs lettuce and rocket salad, toasted sourdough 890 Kcal E, G, D, SU, S, SO, N	
TAGINE STYLE LAMB CROQUETTES	8.50
Crispy lamb croquettes with reduced tagine sauce, apricot purée and toasted almonds 541 Kcal G, E, P, N, M, SO, SU	
PANCAKES (GF?)	
Warm pancake filled with one of the choices below and served with a small house salad	
Pan-fried rump steak with horseradish and fresh cream, Devon blue cheese 1290 Kcal E, G, D, M, SU	13.25
Fresh mixed seafood combined in a white wine cream, mature Cheddar cheese 1156 Kcal G, E, D, SU, MO, M, F, CR	13.25
Creamy mushrooms and vegetables, mature Cheddar cheese (V) 990 Kcal E, M, SU, G	12.25

NACHOS **GF** 13.50
Tortilla chips with melted Cheddar, jalapeños, sour cream, guacamole, salsa and your choice of spicy chilli. Perfect for sharing

Beef 1229 Kcal **D** **Vegetable** **V** 1094 Kcal **D** **Vegan** **VE** 1033 Kcal

BANK CLASSICS				
ORIGINAL PANCAKES GF? Two warm pancakes filled with one of the choices below and served with chips and a small house salad Pan-fried rump steak with horseradish and fresh cream, Devon blue cheese 2901 Kcal E, G, D, M, SU 24.00 Fresh mixed seafood combined in a white wine cream, mature Cheddar cheese 2540 Kcal G, E, D, SU, MQ, M, F, CR 24.00 Creamy mushrooms and vegetables, mature Cheddar cheese V 2188 Kcal E, M, SU, G 22.00				
PANKO CHICKEN PARMIGIANA 17.50 Panko coated chicken topped with a rich tomato sauce, mozzarella and parmesan cheeses, grilled until crisp and served with chips and a house salad 881 Kcal C, D, G, M				
CHILDREN We have a dedicated children's menu for under 12's. Please ask if you require one.				
FAJITAS GF? Served on a sizzling skillet with warm tortillas, sour cream, guacamole and tomato salsa. Choose from one of the following flavours, fried with onions and peppers in a blend of fajita seasoning: Rump Steak 1107 Kcal G, D 24.00 Tiger Prawn 991 Kcal G, D, CR 24.00 Chicken 1133 Kcal G, D 24.00 Vegetable V VE? 786 Kcal G, D 22.00 Side of cheese 166 Kcal D 1.50				

BURGERS			
Gluten Free? Vegan? Avoiding Bread? You can swap the brioche bun for a gluten free bun E or vegan bun or you can lose the bun all together and have extra salad			
THE BANK BURGER (GF?) 6oz beef patty topped with streaky bacon, melted Swiss cheese, confit onions, sweet French onion jam and house burger sauce, served with chips and a small house salad 1677 Kcal G, D, E, M, S, SO, SU	17.50	BHAJI BURGER (V) (VE?) (GF?) Root vegetable bhaji topped with curried mayo, mango chutney and pickled red onions served with chips and a house salad 1215 Kcal C, G, M, SU	15.00
		HONEY DRIP CHICKEN BURGER Panko chicken tossed in our own hot honey topped with crispy bacon served with chips and a house salad 1376 Kcal D, E, G, SU, M	16.50

MAIN			
RAINBOW PHO 16.00 Our own fragrant pho broth with soy, chilli and lime marinated tofu, rice noodles, pak choi, mange tout and carrot, finished with lime juice, spring onion, chili, crispy garlic and fresh coriander 2804 Kcal G, P, N, SO	COLD RIVER BATTERED COD 18.00 Locally sourced cod tail in a crispy cider batter served with house chips, minted pea purée and tartar sauce 1687 Kcal SU, E, F	KATSU CURRY 18.00 Our own authentic Katsu curry made with onion, garlic, ginger, carrot and mild spices served with coconut rice, shredded chilli and spring onion. Choose from: Panko coated chicken 1334 Kcal E, G, SO 18.00 Panko coated sweet potato and aubergine 1393 Kcal E, G, SO 17.00	
PRIME PORK CHOP SCHNITZEL 18.00 Panko breaded prime pork chop, served with pear and apple pickle, sweet potato fondant, roasted carrot purée and satay sauce 1486 Kcal G, E, N, SO, SU, P	CHICKEN CAESAR 18.00 Chargrilled chicken breast on a cos lettuce salad topped with sourdough croutons, crispy bacon and Parmesan shavings coated in our house Caesar dressing topped with a soft poached egg 1249 Kcal G, D, E, N, S, SO		

GRILLS					
Locally reared beef, chargrilled and served with watercress, portobello mushroom, grilled tomato, confit shallot and house chips					
7oz FILLET 1172 Kcal	36.00	EXTRAS	SAUCES		
8oz SIRLOIN 1221 Kcal	29.00	CRISPY CALAMARI 378 Kcal	6.00	WHISKEY & BLACK PEPPER	
8oz FLAT IRON 1139 Kcal	25.00	CIDER BATTERED	CREAM 215 Kcal	4.00	
8oz RIB EYE 1221 Kcal	36.00	ONION RINGS (3) 257 Kcal	3.50	BLUE CHEESE CREAM 294 Kcal	4.00

HOUSE CHIPS	VE GF	464 Kcal	4.50
GARLIC BREAD	V	547 Kcal G, D	5.00
CHEESY GARLIC BREAD	V	931 Kcal G, D	6.50
HOUSE SALAD	GF VE	155 Kcal M	4.50
HOUSE CIDER ONION RINGS (5)	GF V	470 Kcal SU	5.75
SIDE OF SEASONAL VEG	VE GF	42 Kcal	5.00
ASIAN SLAW	V VE GF	220 Kcal P, N, S	3.50
CELERIAC REMOULADE	VE GF	529 Kcal D, E, M, C	3.50
TRUFFLE, PARMESAN & CHIVE CHIPS	GF V	586 Kcal D	6.00

MANGO CHEESECAKE	8.50
Served with mango compote, mango pearls and passionfruit shard 715 Kcal G, D, E, SO, SU	
FROZEN COFFEE PARFAIT GF	9.00
Filled with a white chocolate and Kahlua crèmeux, chocolate tuile, coffee jelly and white chocolate and cardamom sauce 1126 Kcal D, E, SO	
CHOCOLATE BROWNIE GF V	8.50
Dark chocolate brownie, topped with dark chocolate sauce, marble chocolate truffle and a raspberry sorbet 695 Kcal SO, D, E	
LOCAL CHEESE BOARD V GF?	10.50
A selection of local cheeses, served with savoury crackers, local spicy tomato chutney, celery, grapes and walnuts 984 Kcal D, G, C, N, S, M	
RASPBERRY SORBET GF VE	7.00
Two scoops of local sorbet topped with fresh raspberries and lemon zest 178 Kcal	
DEVON ICE CREAM GF V	1 scoop 3.00 2 scoops 5.50 3 scoops 7.00
Seriously good Yarde Farm Ice Cream made in Plymouth	
Clotted Cream Vanilla D, P, N, SO Chunkie Chocolate SO, D, P, N Strawberry SO, D, P, N Mint Choc Chip SO, D, P, N Salted Caramel E, D, N, SO 1 scoop 110 Kcal 2 scoops 220 Kcal 3 scoops 330 Kcal	
Add Clotted Cream D	1.50
LOADED CHOCOLATE BROWNIE (TO SHARE) GF V	15.50
Chocolate brownie, loaded with Yarde Farm chocolate and vanilla ice cream, clotted cream and finally topped with warm chocolate and butterscotch sauces 1742 Kcal E, D, SO, N	

GF GLUTEN FREE **VE** VEGAN
GF? CAN BE GLUTEN FREE (please ask) **VE?** CAN BE VEGAN (please ask)
V VEGETARIAN