

how to order

- 1. Take a seat at a table in our comfortable RF Lounge & Bar
 - 2. When you are ready, make a note of your table number and come up to our bar to place your order
 - 3. Once you have ordered you can relax and leave everything to us, we will deliver everything to your table
- All hot food is served from 11.30am and our last order time for all food, except cold sandwiches, is 2.30pm

small plates

TODAY'S SOUP   7.75
With butter and your choice of White G,
Malted G, SO or Gluten Free Bread E


CHICKEN LIVER PARFAIT  8.00
Smooth chicken liver parfait, sweet French onion jam,
lamb's lettuce and rocket salad, toasted sourdough
E, G, D, SU, S, SO, N 890 kcal

DEVON CRAB CAKES 9.25
Celeriac remoulade, fennel, apple and herb salad,
herb oil CR, G, E, D, M, C 221 Kcal

sunday carvery

Served 11.30am - 8pm
A choice of 3 mouth-watering meats, plus a vegan
and vegetarian option, will be available alongside
a selection of freshly prepared vegetables, potatoes
and traditional accompaniments.
Please let us know in advance if you are a table of 7 or more.

sandwiches

All of our sandwiches are served with a spicy tomato chutney,
house salad, and crisps on your choice of White, Malted or
Gluten Free Bread 

CHEDDAR & PICKLE  G, M, D 953 kcal 8.50

**PRAWN MARIE ROSE,
CRISP LETTUCE** G, CR, M, D, E, F 673 kcal 10.00

**ROAST BEEF, ROCKET
WITH HORSERADISH** G, M, D, E 680 kcal
OR MUSTARD G, M, D 679 kcal 9.00

GAMMON HAM & MUSTARD G, M, D 684 kcal 8.50

**ROAST TURKEY, CRANBERRY
& STUFFING** G, M, D 756 kcal 9.00

**TUNA MAYONNAISE
& CUCUMBER** G, F, D, E, M 774 kcal 9.00

EGG MAYONNAISE, CRESS
 G, M, D, E 722 kcal 8.50

**TURKEY & HAM, LETTUCE, CUCUMBER,
TOMATO & MAYONNAISE** G, M, D, E 912 kcal 9.50

toasties

All of our toasties are served with a spicy tomato chutney, house salad, and crisps on your choice of White, Malted or Gluten Free Bread (GF?)

HOME ROASTED HAM & MATURE CHEDDAR CHEESE	G, M, D 974 kcal	9.00
HOME ROASTED HAM & BRIE	G, M, D 1027 kcal	10.00
MATURE CHEDDAR CHEESE, TOMATO & RED ONION	V G, M, D 882 kcal	8.50
HAM, CHEDDAR CHEESE & PINEAPPLE	G, M, D 1076 kcal	9.50
BACON, BRIE & CRANBERRY	G, M, D 1061 kcal	10.00

baked potatoes

Freshly baked potatoes served with a house salad	GF	
CHEDDAR & BACON	D, M 987 kcal	9.50
PRAWN MARIE ROSE	CR, M, D, E, F 741 kcal	11.00
TUNA MAYONNAISE & CHEESE	F, M, D, E 873 kcal	9.50
BEEF	M, D 605 kcal	
VEGETABLE CHILLI	V M, D 477 kcal	8.50
CHEDDAR & BAKED BEANS	V M, D 890 kcal	9.00
CHEDDAR	V M, D 829 kcal	8.50

sides

HOUSE CHIPS	VE GF 464 kcal	4.50
GARLIC BREAD	V G, D 547 kcal	5.00
CHEESY GARLIC BREAD	V G, D 931 kcal	6.50
HOUSE SALAD	VE GF M 155 kcal	4.50
HOUSE CIDER ONION RINGS (5)	V GF SU 470 kcal	5.75
SIDE OF SEASONAL VEG	VE GF 42 kcal	5.00
ASIAN SLAW	V VE GF P, N, S 220 kcal	3.50
CELERIAC REMOULADE	VE GF D, E, M, C 529 kcal	3.50
TRUFFLE, PARMESAN & CHIVE CHIPS	V GF D 586 kcal	5.50

brunch & lunch

CLUB SANDWICH (GF?)	13.00	PRAWN SALAD (GF)	14.00
Sliced chargrilled chicken, bacon, lettuce, tomato, egg and mayo on toasted sourdough, served with celeriac remoulade and a small house salad		Prawns in a Marie Rose sauce on a salad of mixed leaves, tomato, cucumber, onion and fresh lemon	
G, E, SU, S, M, C 1323 kcal		CR, M, D, E, F 391 kcal	
COLD RIVER BATTERED COD (GF)	18.00	WELSH RAREBIT (GF?) (V)	9.50
Locally sourced cod tail in a crispy cider batter served with house chips, minted peas and tartar sauce		Our classic rarebit is made with local beer, Worcestershire sauce, mature cheddar, and Dijon Mustard, served with a spicy tomato chutney, house salad, and crisps	
SU, E, F 1687 kcal		G, D, F, M 1382 kcal	
CHICKEN CAESAR	18.00	COLD MEAT SALAD (GF?)	13.00
Chargrilled chicken breast on a cos lettuce salad topped with sourdough croutons, crispy bacon and Parmesan shavings coated in our house Caesar dressing topped with a soft poached egg		Roasted and sliced beef, turkey and gammon ham with spicy tomato chutney, house salad and your choice of White, Malted or Gluten Free Bread	
G, D, E, N, S, SO 1249 kcal		G, M 656 kcal	
STEAK SANDWICH (GF?)	18.00	PLOUGHMANS (GF?)	13.00
Chargrilled steak cooked pink and thinly sliced with rocket, confit onions and béarnaise mayo served with celeriac remoulade and a small house salad		Roasted gammon ham with Devon blue, Cornish brie, cheddar, pickled onion, spicy tomato chutney and house salad, with your choice of White, Malted or Gluten Free Bread	
G, D, E, N, M, S, SU, C 1107 kcal		G, M, D 1316 kcal	
AVOCADO & POACHED EGGS ON TOAST (V) (GF?) (VE?)	9.00	TUNA MELT (GF?)	13.00
Zesty smashed avocado served on thick cut toasted sourdough, poached eggs and roasted tomatoes. Finished with a balsamic glaze		Gem lettuce, tuna mayonnaise, and melted mature cheddar served with a spicy tomato chutney, house salad, and crisps	
G, D, E, N, S, SO, SU 848 kcal		F, G, D, M, E 1672 kcal	

Adults need around 2000 kcal a day. Our dishes may contain traces of allergens. Please let us know if you have any allergens or special dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

(GF) GLUTEN FREE (GF?) CAN BE GLUTEN FREE (please ask) (V) VEGETARIAN (VE) VEGAN (VE?) CAN BE VEGAN (please ask)

D DAIRY G GLUTEN M MUSTARD E EGG MO MOLLUSCS CR CRUSTACEAN C CELERY
N NUTS F FISH S SESAME SU SULPHUR DIOXIDE SO SOYA P PEANUTS L LUPIN

afternoon tea (GF?) (VE?)

FORTESCUE AFTERNOON TEA 20.00

Westcountry tea or filter coffee, carrot cake, Victoria sponge, mini eton mess, baked scone with fruit preserve and clotted cream, three demi brioche buns with a selection of fillings.

G, D, E, F, CR, M, N 1938 kcal

Must be pre-booked 24hrs in advance. Price per person.

Content may change over the festive period

beverages

12oz

All hot drinks are prepared using shared equipment. We cannot guarantee any hot drink is entirely dairy-free or allergen free.

TEA D

Pot of Westcountry tea for one 4.00

Pot of speciality tea for one, choose from: 4.50

Peppermint | Green | Earl Grey | Berry | Red Bush | Darjeeling

COFFEE D

(available either regular or decaffeinated)

Pot of filter coffee for one 4.00

Cafetière for one 4.50

Americano 4.00

Latte 4.50

Mocha 4.50

Flat white 8oz 4.00

Cappuccino 4.50

Add a Flavour Shot (please ask for flavours) 1.50

HOT CHOCOLATE D

With cocoa dusting 4.50

With whipped cream, marshmallows and cocoa dusting 5.00

cakes, pastries & treats

SCONE & BUTTER (GF?) (V) G, D, E 601 kcal 3.50

SCONE WITH PRESERVE & DEVONSHIRE CLOTTED CREAM
(GF?) (V) G, D, E 781 kcal 5.50

TRADITIONAL CREAM TEA (GF?) (V) Per person 13.00
Two scones, preserve and Devonshire clotted cream, served with freshly brewed Westcountry tea for one
G, D, E 1563 kcal

TOASTED TEA CAKE WITH BUTTER
G, D 441 kcal 3.50

TOAST WITH BUTTER & JAM
(GF?) G, D 452 kcal 3.50

DEVON ICE CREAM (V) (GF)
1 scoop 110 kcal 3.00
2 scoops 220 kcal 5.50
3 scoops 330 kcal 7.00
Seriously good Yarde Farm Ice Cream made in Plymouth

Clotted Cream Vanilla D, P, N, SO
Chunkie Chocolate SO, D, P, N
Strawberry SO, D, P, N
Mint Choc Chip SO, D, P, N
Salted Caramel E, D, N, SO
Add Clotted Cream D 1.50

SELECTION OF CAKES, PASTRIES & TREATS (GF?)
Please ask for today's selection Individually priced

B R E N D
COLLECTION

HOTELS | RESTAURANTS | SPAS



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