



## LOUNGE & BAR

### Day Menu

#### how to order

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1. Take a seat at a table in our comfortable RF Lounge & Bar
  2. When you are ready, make a note of your table number and come up to our bar to place your order
  3. Once you have ordered you can relax and leave everything to us, we will deliver everything to your table
- All hot food is served from 11.30am and our last order time for all food, except cold sandwiches, is 2.30pm

## small plates

<b>ROASTED ROOT VEGETABLE SOUP</b> (GF?) (VE?)	7.00
Parsnip crisps and toasted sourdough 296 Kcal C, G	
<b>PRAWN SALAD</b> (GF)	13.50
Prawns in a Marie Rose sauce on a salad of mixed leaves, tomato, cucumber, onion and fresh lemon 391 Kcal CR, M, D, E, F	
<b>COLD MEAT SALAD</b> (GF?)	11.00
Roasted and sliced beef, turkey and gammon ham with spicy tomato chutney, house salad and your choice of white, malted or gluten free bread 656 Kcal G, M	
<b>PLOUGHMANS</b> (GF?)	13.00
Roasted gammon ham with Devon blue, Cornish brie, cheddar, pickled onion, spicy tomato chutney and house salad, with your choice of white, malted or gluten free bread 1316 Kcal G, M, D	
<b>DUCK, CHICKEN &amp; CHERRY TERRINE</b> (GF?)	10.00
Wrapped in smoked bacon with pear chutney and toasted brioche 1084 Kcal G, E, D, M, N	

## sides

<b>HOUSE CHIPS</b> (V) (GF) (VE)	464 Kcal	4.50
<b>GARLIC BREAD</b> (V)	547 Kcal G, D	4.50
<b>CHEESY GARLIC BREAD</b> (V)	931 Kcal G, D	6.00
<b>HOUSE SALAD</b> (V) (GF) (VE)	155 Kcal M	3.50
<b>HOUSE CIDER ONION RINGS (5)</b> (GF) (V)	470 Kcal SU	5.00
<b>TRUFFLE PARMESAN CHIPS</b> (V) (GF)	586 Kcal D	5.50
<b>SIDE OF SEASONAL VEG</b> (V) (GF) (VE)	42 Kcal	4.50

## sandwiches

All of our sandwiches are served with a spicy tomato chutney, house salad, and crisps on your choice of White, Malted or Gluten Free Bread (GF?)

<b>CHEDDAR &amp; PICKLE</b> (V)	953 Kcal G, M, D	8.00
<b>PRAWN MARIE ROSE, CRISP LETTUCE</b>	673 Kcal G, CR, M, D, E, F	9.00
<b>ROAST BEEF, ROCKET WITH HORSERADISH</b>	680 Kcal G, M, D, E	8.50
<b>OR MUSTARD</b>	679 Kcal G, M, D	
<b>GAMMON HAM &amp; MUSTARD</b>	684 Kcal G, M, D	8.00
<b>ROAST TURKEY, CRANBERRY &amp; STUFFING</b>	756 Kcal G, M, D	8.50
<b>TUNA MAYONNAISE &amp; CUCUMBER</b>	774 Kcal G, F, D, E, M	8.50
<b>EGG MAYONNAISE, CRESS</b> (V)	722 Kcal G, M, D, E	8.00
<b>TURKEY &amp; HAM, LETTUCE, CUCUMBER, TOMATO &amp; MAYONNAISE</b>	912 Kcal G, M, D, E	9.00

## toasties

All of our toasties are served with a spicy tomato chutney, house salad, and crisps on your choice of White, Malted or Gluten Free Bread (GF?)

<b>HOME ROASTED HAM &amp; MATURE CHEDDAR CHEESE</b>	974 Kcal G, M, D	8.50
<b>HOME ROASTED HAM &amp; BRIE</b>	1027 Kcal G, M, D	9.50
<b>MATURE CHEDDAR CHEESE, TOMATO &amp; RED ONION</b> (V)	882 Kcal G, M, D	8.00
<b>HAM, CHEDDAR CHEESE &amp; PINEAPPLE</b>	1076 Kcal G, M, D	9.00
<b>BACON, BRIE &amp; CRANBERRY</b>	1061 Kcal G, M, D	9.50

## baked potatoes

Our freshly baked potatoes are served with a house salad (GF)

<b>CHEDDAR &amp; BACON</b>	987 Kcal D, M	9.00
<b>PRAWN MARIE ROSE</b>	741 Kcal CR, M, D, E, F	10.50
<b>TUNA MAYONNAISE &amp; CHEESE</b>	873 Kcal F, M, D, E	9.00
<b>BEEF</b> 605 Kcal M, D <b>OR</b> <b>VEGETABLE CHILLI</b> (V)	477 Kcal M, D	8.00
<b>CHEDDAR &amp; BAKED BEANS</b> (V)	890 Kcal M, D	8.50
<b>CHEDDAR</b> (V)	829 Kcal M, D	8.00

## brunch & lunch

<b>WELSH RAREBIT</b> (GF?) (V)	9.50
Our classic rarebit is made with local beer, Worcestershire sauce, mature cheddar, and Dijon Mustard, served with a spicy tomato chutney, house salad, and crisps 1382 Kcal G, D, F, M	
<b>TUNA MELT</b> (GF?)	13.00
Gem lettuce, tuna mayonnaise, and melted mature cheddar served with a spicy tomato chutney, house salad, and crisps 1672 Kcal F, G, D, M, E	

## festive carvery

Carvery (children half-price)	15.00
Served weekdays & Sundays, a choice of perfectly roasted:	
<b>ROASTED TURKEY BREAST</b> (GF?)	
<b>ROASTED SILVERSIDE OF BEEF</b> (GF?)	
<b>VEGETABLE WELLINGTON &amp; RED WINE GRAVY</b> (VE)	
Served on the carvery with Pigs in blankets, sage and onion stuffing balls, cauliflower cheese, creamed swede, carrots and peas, red cabbage, honey roasted parsnips, Brussel sprouts, roast potatoes, crispy fried potatoes, Yorkshire puddings, and gravy.	

## beverages

<b>TEA</b>	
Pot of Westcountry tea for one	4.00
Pot of speciality tea for one, choose from:	4.50
Peppermint   Chamomile   Early Grey   Berry	
<b>COFFEE</b> (available either regular or decaffeinated)	
Pot of filter coffee for one	4.00
Cafetière for one	4.50
Americano	12oz 4.00
Latte	12oz 4.50
Mocha	12oz 4.50
Flat white	8oz 4.00
Cappuccino	12oz 4.50
<b>Add a Flavour Shot</b> (please ask for flavours)	1.50
<b>HOT CHOCOLATE</b> 12oz	
With cocoa dusting	4.50
With whipped cream, marshmallows and cocoa dusting	5.00

## cakes, pastries & treats

<b>SCONE &amp; BUTTER</b> (GF?) (V)	601 Kcal G, D, E	3.50
<b>SCONE WITH PRESERVE &amp; DEVONSHIRE CLOTTED CREAM</b> (GF?) (V)	781 Kcal G, D, E	5.50
<b>TRADITIONAL CREAM TEA</b> (GF?) (V)	Per person 13.00	
Two scones, preserve and Devonshire clotted cream, served with freshly brewed Westcountry tea for one 1563 Kcal G, D, E		
<b>TOASTED TEA CAKE WITH BUTTER</b>	441 Kcal G, D	3.50
<b>TOAST WITH BUTTER &amp; JAM</b> (GF?)	452 Kcal G, D	3.50
<b>DEVON ICE CREAM</b> (V) (GF)		
1 scoop	110 Kcal 3.00	
2 scoops	220 Kcal 5.50	
3 scoops	330 Kcal 7.00	
Seriously good Yarde Farm Ice Cream made in Plymouth		
Clotted Cream Vanilla D, P, N, SO		
Chunkie Chocolate SO, D, P, N		
Strawberry SO, D, P, N		
Mint Choc Chip SO, D, P, N		
Salted Caramel E, D, N, SO		
<b>Add Clotted Cream D</b>		1.50
<b>SELECTION OF CAKES, PASTRIES &amp; TREATS</b> (GF?)		
Please ask for today's selection		Individually priced

Adults need around 2000 Kcal a day. Please let us know if you have any allergens or special dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

(GF?) CAN BE GLUTEN FREE (please ask) | (V) VEGETARIAN | (VE) VEGAN | (VE?) CAN BE VEGAN (please ask)

D DAIRY G GLUTEN M MUSTARD E EGG MO MOLLUSCS CR CRUSTACEAN C CELERY  
N NUTS F FISH SU SULPHUR DIOXIDE S SESAME SO SOYA P PEANUTS L LUPIN

  
**B R E N D**  
COLLECTION

HOTELS | RESTAURANTS | SPAS