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The Royal & Fortescue Hotel, Boutport Street, Barnstaple, Devon EX31 1HG

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LOUNGE & BAR

Evening Menu

# welcome

Our lounge is table service, so please relax and let our team take care of you.  
All hot food is served from 6pm and our last order time for all food is 9.15pm.

## small plates

**HOUSE SOUP** **V** **(GF?)** 6.95

With white, malted or gluten free bread

**PULLED BEEF BRISKET CROQUETTES** 556 kcal 9.25

Slow braised beef brisket croquettes with a sweet corn & truffle purée, pea shoots and fresh grated horseradish

**SPICED CRISPY CALAMARI** 623 kcal 8.95

Lightly coated Calamari deep fried until golden, served with a chilli & spring onion salad and a red pepper aioli

**DUCK LIVER PARFAIT** **(GF?)** 516 kcal 8.75

Smooth duck liver parfait with a sweet apple & quince jelly, frisée salad and toasted brioche

**WHIPPED BEETROOT HUMMUS** **(VE)** **(GF?)** 499 kcal 7.75

With olive oil, sourdough croutes and marinated olives

**NACHOS** **(GF)** 8.75

Tortilla chips with melted cheddar, jalapeños, sour cream, guacamole, salsa and your choice of spicy chilli

Beef 1229 kcal

Vegetable **V** 1094 kcal

Vegan **(VE)** 1033 kcal

## sides

**HOUSE CHIPS** **(GF)** **(VE)** 464 kcal 4.00

**GARLIC BREAD** **V** 547 kcal 4.25

**CHEESY GARLIC BREAD** **V** 931 kcal 4.75

**HOUSE SALAD** **(GF)** **(VE)** 155 kcal 4.50

**HOUSE BEER BATTERED ONION RINGS** **(GF?)** **V** 470 kcal 4.25

## grills

Locally reared beef, chargrilled and served with house chips, beer battered onion rings, grilled tomato, Portobello mushroom and your choice of sauce: Whiskey & Black Pepper Cream or Garlic & Herb Butter.

**8oz SIRLOIN** **(GF?)** 1441 kcal 24.50

**7oz FILLET** **(GF?)** 1412 kcal 26.50

**ADD GRILLED LOBSTER TAIL** **(GF)** 231 kcal 14.50  
(Subject to availability)

## mains

**KERALAN COCONUT CURRY** **(GF)**

An aromatic, robust South Indian inspired curry made from a mixture of chillies, spices, coconut and coriander, served with basmati rice and a mint raita. Choose from either:

Chicken 1241 kcal 16.95

Tiger Prawn 905 kcal 17.95

Green Vegetables **(VE)** 798 kcal 15.95

**LOBSTER & PRAWN LINGUINE** 1204 kcal 22.95

Linguine tossed in a tomato, chilli & garlic sauce drizzled with olive oil, topped with tiger prawns and a grilled lobster tail. (Subject to availability)

**BUTTERMILK CHICKEN PARMIGIANA** 855 kcal 16.95

Buttermilk chicken breast topped with a rich tomato sauce, mozzarella and Parmesan cheeses, grilled until crisp and served with chips and a house salad

**LOADED BEEF BURGER** **(GF?)** 2061 kcal 16.95

Homemade 8oz beef patty topped with pulled beef brisket, Monterey Jack cheese and dijon mayo, served with chips and a house salad

**BUTTERMILK CHICKEN BURGER** 1559 kcal 16.95

Crisp buttermilk chicken breast in a brioche bun with sriracha slaw, crisp gem lettuce and melted cheddar served with chips and a house salad

**SUPER-GREEN BURGER** **(VE?)** **(GF?)** 1075 kcal 14.95

Broad bean, pea & spinach patty coated in gluten free breadcrumbs served in a brioche bun, topped with a mint raita, served with chips and a house salad

## beverages

**TEAS & INFUSIONS** (please ask for flavours)

Pot of bagged tea 3.75 Pot of loose leaf tea 4.00

**COFFEE** (available either regular or decaffeinated)

Cafetière 4.25 Single Espresso 3.50

Double espresso 3.75 Americano 4.00

Latte 4.25 Mocha 4.50

Flat white 4.00 Cappuccino **SMALL** 3.50  
**LARGE** 4.50

**Add a Flavour Shot** (please ask for flavours) 1.25

**HOT CHOCOLATE**

With cocoa dusting 4.50

With whipped cream, marshmallows and cocoa dusting 4.75

## desserts

**SUMMER BERRY TIRAMISU** 515 kcal 8.25

Layers of fresh mascarpone, summer berries and coffee liqueur soaked sponge fingers with a side of double cream (contains alcohol).

**CHOCOLATE BROWNIE** **(GF)** 695 kcal 7.95

Homemade chocolate brownie topped with dark chocolate sauce, fresh raspberries and a raspberry sorbet

**PORNSTAR MARTINI CHEESECAKE** 905 kcal 7.95

A white chocolate and passionfruit cheesecake with a side of Prosecco (contains alcohol).

**LOCAL CHEESE PLATE** 984 kcal 8.95

A selection of local cheeses, served with savoury crackers, local spicy tomato chutney, celery, grapes and walnuts

**RASPBERRY SORBET** **(GF)** **(VE)** 137 kcal 6.50

Two scoops of local sorbet topped with fresh raspberries & lemon zest

Please inform us if you have a food allergy that we should be aware of. Adults need around 2000 kcal a day.

**(GF)** GLUTEN FREE | **(GF?)** CAN BE GLUTEN FREE (please ask) | **V** VEGETARIAN | **(VE)** VEGAN | **(VE?)** CAN BE VEGAN (please ask)

Our menu has been designed so that nearly all of our dishes can be adapted to accommodate many food allergens and preferences, please talk to one of our team before ordering so we can create the best meal for you.