

how to order

1. Take a seat at a table in our comfortable RF Lounge & bar
 2. When you are ready, we will come to your table and take your order swiftly.
 3. Once you have ordered you can relax and leave everything to us, we will deliver everything to your table.
- All hot food is served from 11.30am and our last order time for all food, except cold sandwiches, is 2.30pm.

small plates

HOUSE SOUP (GF?) 6.50
Farmhouse bread

PRAWN SALAD (GF) 9.50
Prawns in a Marie Rose sauce on a salad of mixed leaves, tomato, cucumber, onion and fresh lemon

COLD MEAT SALAD (GF) 11.95
Thick cut local farmhouse bread, roasted and sliced beef, turkey and gammon ham, tomato chutney, served with mixed leaves, tomato, cucumber, onion salad

PLOUGHMANS (GF?) (V) 10.95
Thick cut local farmhouse bread, roasted gammon ham, Devon blue, Cornish brie, cheddar, pickled onion, tomato chutney and mixed leaves

sides

HOUSE CHIPS (GF) (VE) 3.50

SWEET POTATO FRIES (GF) (VE) 4.50

HOUSE SALAD (GF) (VE) 3.95

sandwiches & baguettes

Freshly made baguettes and sandwiches served with spicy tomato chutney, house salad and crisps.

Choose from the following:

Sandwich - White, Malted or Gluten Free (GF?)

Baguette 7" - White or Granary

	SANDWICH	BAGUETTE
CHEDDAR & PICKLE (V)	6.75	7.75
PRAWN MARIE ROSE Crisp Lettuce	7.95	8.95
ROAST BEEF Rocket with Horseradish or Mustard	7.50	8.50
GAMMON HAM & MUSTARD	7.50	8.50
ROAST TURKEY Cranberry & Stuffing	7.25	8.25
TUNA MAYONNAISE Cucumber	7.25	8.25
EGG MAYONNAISE, CRESS (V)	6.95	7.95
TURKEY & HAM, MAYONNAISE Lettuce, Cucumber & Tomato	7.50	8.50

Please inform us if you have a food allergy that we should be aware of

(GF) GLUTEN FREE | (GF?) CAN BE GLUTEN FREE (please ask) | (V) VEGETARIAN | (VE) VEGAN | (VE?) CAN BE VEGAN (please ask)

Our menu has been designed so that nearly all of our dishes can be adapted to accommodate many food allergens and preferences, please talk to one of our team before ordering so we can create the best meal for you.

carvery

Served seven days a week, a choice of perfectly roasted meats with a large selection of seasonal vegetables & potatoes.

	MON-SAT*	SUNDAY
CARVERY	9.95	12.50
CARVERY & SWEET	12.50	15.00

*Please note Saturday is a plated roast

toasties

Freshly made toasties served with spicy tomato chutney, house salad & crisps (GF?)

HOME ROASTED HAM & MATURE CHEDDAR CHEESE	7.75
HOME ROASTED HAM & BRIE	7.95
MATURE CHEDDAR CHEESE, TOMATO & RED ONION (V)	7.50
HAM, CHEDDAR CHEESE & PINEAPPLE (V)	7.95
BACON, BRIE & CRANBERRY	7.95

baked potatoes

Oven baked potatoes served with a house salad (GF)

CHEDDAR & BACON	8.25
PRAWN MARIE ROSE	8.95
TUNA MAYONNAISE	8.25
BEEF OR VEGETABLE CHILLI (V)	8.75
BAKED BEANS Mature cheddar cheese (V)	7.25

cream tea

SCONE & BUTTER (GF?) (V)	2.95
SCONE WITH PRESERVE & DEVONSHIRE CLOTTED CREAM (GF?) (V)	4.50
TRADITIONAL CREAM TEA (GF?) (V)	7.50

Two scones, preserve and Devonshire clotted cream, served with freshly brewed leaf tea from our fine selection

cakes, pastries & treats

TOASTED TEA CAKE WITH BUTTER	2.95
TOAST WITH BUTTER & JAMS (GF?)	2.95
LOCAL ICE CREAM (GF)	6.50

3 scoops, please ask for flavours

SELECTION OF CAKES, PASTRIES & TREATS (GF?)	Individually priced
---	---------------------

Please ask for today's selection

beverages

TEAS & INFUSIONS (please ask for flavours)			
Pot of bagged tea			3.25
Pot of loose leaf tea			3.50
COFFEE (available either regular or decaffeinated)			
Pot of coffee	3.50	Cafetière	3.75
Espresso	2.95	Double espresso	3.25
Macchiato	3.25	Americano	3.50
Latte	3.75	Mocha	3.95
Flat white	3.95	Cappuccino	SMALL 2.95 LARGE 3.95
Add a Flavour Shot (please ask for flavours)			75p
HOT CHOCOLATE			
With double cream			3.95
With whipped cream, marshmallows and cocoa dusting			4.25



The Royal & Fortescue Hotel, Boutport Street, Barnstaple, Devon EX31 1HG

Tel: 01271 342289 Email: reservations@royalfortescue.co.uk

www.royalfortescue.co.uk