



## coffee, tea & toast

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### WEST COUNTRY TEA

English breakfast | Earl grey | Peppermint | Chamomile | Berry

### COFFEE

Filter coffee | Cappuccino | Latte | Americano | Espresso | Flat white  
(decaf coffee, skimmed and soya milk available)

### TOAST

White | Granary | Gluten free

## from our buffet

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### CEREALS

Alpen | Cornflakes | Crunchy nut | Raisin oat granola  
Special k | Weetabix | Gluten free cereal  
A selection of preserves and dried fruits

### FRUITS

Grapefruit | Prunes | Fruit salad | Fresh fruit

### FLAVOURED & NATURAL YOGHURT

### FRESHLY BAKED WHITE & GRANARY BREAD ROLLS

### COLD DRINKS

Orange | cranberry | apple | grapefruit | water | milk

## from our kitchen

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### WEST COUNTRY BREAKFAST **G**

Bacon, sausage, sautéed mushrooms, new potatoes  
with bacon lardons, baked beans, roasted tomato,  
poached, scrambled or fried egg

### VEGETARIAN BREAKFAST **V G**

Quorn sausage, sautéed mushrooms, new potatoes,  
baked beans, roasted tomato, poached, scrambled  
or fried egg

### SCRAMBLED EGGS & AVOCADO ON SOURDOUGH TOAST **V**

### PORRIDGE **V G**

Jam | Syrup | Honey | Compote | Raisins

### POACHED SMOKED HADDOCK

Spinach, poached egg & mustard cream

### FRESHLY BAKED CROISSANTS

Plain | Cheese & sautéed mushrooms | Bacon & cheese

Please inform us if you have a food allergy that we should be aware of



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